



## HOUSE OF RUACH

### **The House of Ruach Policy Plan**

The House of Ruach Foundation facilitates small scale housing for young people in need between 16 and 23 years old. We provide a safe place where young women and men can work on their recovery. They are prepared to participate strongly and independently in society.

The foundation ensures that no distinction is made between prosperous and less fortunate clients. We believe that every person has the right to good care with professional facilities. Every person can restore to what they are meant to be, with care and attention. Love and perseverance are important principles in this. The Foundation needs financial resources to make good care possible.

### **Why**

Outpatient care regularly receive young people with trauma, for who it is better to receive care in a safe environment. In many cases, it is too unsafe or not practical at home to provide good care and trauma treatment. The increase in domestic violence means that safe living facilities are necessary. A safe environment is created within the residential facility in which the young person can recover calm and work on his or her future. The Foundation wants to provide suitable accommodations for young people in need.

### **How**

In order to provide optimal care and attention, we guarantee small scale housing facilities for a maximum of 13 women or men in aged 16-23 who have trauma(s) and who need care and guidance for 24 hours. In addition to residence, therapy and trauma treatment are given to guide the young women or men to recovery. The care within residential facility of the Foundation is provided by Chanella praktijk voor groei en ontwikkeling. This organisation delivers outpatient care, outpatient trauma treatment and sheltered housing.

Main area's we are committed to:

- based on a Christian belief, we offer custom made care to (underprivileged) young people;
- developing, offering and transferring optimal, specialist treatment to young people with trauma;
- helping young people on their way to a new life without psychological complaints;
- the Foundation tries to achieve its goals, among other things, by recruiting and making available financial resources and accommodations.



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Planned activities and projects for 2020:

- the Foundation has an operationally equipped building with young people;
- developing and deploying activities for financing; such as fundraising, crowdfunding, sponsorship, subsidies and donors;
- using media and PR activities with the aim of gaining more brand awareness; through website, social media, radio and advertising;
- informing networks, relations, churches and organizations;
- with regard to healthcare, a professional staff of skilled professionals has been build up;
- volunteers are also recruited and screened.

### **The board**

The Foundation has 3 board members:

chairwoman: mrs C. Maria;

treasurer: mr R. Olifiers;

secretary: mr R. Adjordor.

### **Remuneration Policy for the board**

The board does her job unpaid.

### **Budgetplan**

The plan is being processing.